

## **Video and Activity 1: “Extreme Temperatures and Vulnerable Populations”**

***Watch “Extreme Temperatures and Vulnerable Populations”***

***Activity: Discussion in Small Groups***

Ask your group to divide into small groups of 3 or 4. Ask them to talk about the following prompts:

1. Does your clinic or community have action plans for vulnerable populations? If so, what are they?
2. What alternative activities and exercise can you promote if weather keeps people inside in summer and winter?
3. A warming climate means more extreme temperatures. What adaptations could be made in your community to help reduce heat stress on vulnerable populations such as elders and children, and those with limited resources?
4. How can you leverage community capacity to serve these populations?
5. If you have had discussions with coworkers and across departments about planning for extreme temperatures, how did that go? If not, why do you think that is, and what would you want to discuss?

Again, if your group wants more ownership, consider coming up with your own questions and discussing those.

Optional: Share these answers on the Facilitator’s Google doc under Discussion questions.